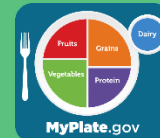




OCTOBER 2024

Colonial Hills UMC Child Development Center



Monday

Tuesday

Wednesday

Thursday

Friday

B: Scrambled Eggs, Toast w/Jelly, Pears **1**
 L: Chicken Nuggets, Mashed Potatoes, Pineapple Tidbits
 S: Cheese Sticks, Crackers

B: Waffles, Apple Sauce **2**
 L: Chili, w/Cheese, Cornbread, Pears
 S: Sun Butter, Rice Cakes, Apple Juice

B: Cinnamon Bread, Orange Slices **3**
 L: Meatballs w/Gravy, Mashed Potatoes, Wheat Bread, Mandarin Oranges
 S: Cheese Nips, Apple Juice

B: Multi-Grain Cheerios, Bananas **4**
 L: Hamburger Helper, Green Beans, Fruit Cocktail
 S: Apple Slices, Wheat Thins

B: Bean & Cheese Taco, Peaches **7**
 L: Steak Fingers, Mashed Potatoes, Pineapple Tidbits, Whole Wheat Roll
 S: Graham Crackers

B: Scrambled Eggs, Toast w/Jelly, Pears **8**
 L: Fish Sticks, Tator Tots, Peaches
 S: Cheese Sticks, Crackers, Water

B: Waffles, Apple Sauce **9**
 L: Hamburgers, Diced Carrots, Peaches
 S: Sun Butter, Rice Cakes, Apple Juice

B: Cinnamon Bread, Orange Slices **10**
 L: Papa John's Pepperoni Pizza, Corn, Fruit Cocktail
 S: Cheese Nips, Apple Juice

B: Multi-Grain Cheerios, Bananas **11**
 L: Soft Beef Taco, Lettuce, Cheese, Beans, Mandarin Oranges
 S: Apple Slices, Wheat Thins

B: Bean & Cheese Taco, Peaches **14**
 L: Spaghetti, Carrots, Peaches
 S: Graham Cracker

B: Scrambled Eggs, Toast w/Jelly, Pears **15**
 L: Chicken Nuggets, Mashed Potatoes, Pineapple Tidbits
 S: Cheese Sticks, Crackers

B: Waffles, Apple Sauce **16**
 L: Chili, w/Cheese, Cornbread, Pears
 S: Sun Butter, Rice Cakes, Apple Juice

B: Cinnamon Bread, Orange Slices **17**
 L: Meatballs w/Gravy, Mashed Potatoes, Wheat Bread, Mandarin Oranges
 S: Cheese Nips, Apple Juice

B: Multi-Grain Cheerios, Bananas **18**
 L: Hamburger Helper, Green Beans, Fruit Cocktail
 S: Apple Slices, Wheat Thins

B: Bean & Cheese Taco, Peaches **21**
 L: Steak Fingers, Mashed Potatoes, Pineapple Tidbits, Whole Wheat Roll
 S: Graham Crackers

B: Scrambled Eggs, Toast w/Jelly, Pears **22**
 L: Fish Sticks, Tator Tots, Peaches
 S: Cheese Sticks, Crackers, Water

B: Waffles, Apple Sauce **23**
 L: Hamburgers, Diced Carrots, Peaches
 S: Sun Butter, Rice Cakes, Apple Juice

B: Cinnamon Bread, Orange Slices **24**
 L: Papa John's Pepperoni Pizza, Corn, Fruit Cocktail
 S: Cheese Nips, Apple Juice

B: Multi-Grain Cheerios, Bananas **25**
 L: Soft Beef Taco, Lettuce, Cheese, Beans, Mandarin Oranges
 S: Apple Slices, Wheat Thins

B: Bean & Cheese Taco, Peaches **28**
 L: Spaghetti, Carrots, Peaches
 S: Graham Cracker

B: Scrambled Eggs, Toast w/Jelly, Pears **29**
 L: Chicken Nuggets, Mashed Potatoes, Pineapple Tidbits
 S: Cheese Sticks, Crackers

B: Waffles, Apple Sauce **30**
 L: Chili, w/Cheese, Cornbread, Pears
 S: Sun Butter, Rice Cakes, Apple Juice

B: Cinnamon Bread, Orange Slices **31**
 L: Meatballs w/Gravy, Mashed Potatoes, Wheat Bread, Mandarin Oranges
 S: Cheese Nips, Apple Juice

"God is Great, God is Good, let us thank Him for our food. By His hand, we all are fed, thank you Lord, for our daily bread, Amen."

Milk is served with Breakfast, Lunch, and Monday's Snack. Water is served throughout the day.