

# AUGUST 2023

## Colonial Hills Child Development Center

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**1**  
 B: Scrambled Eggs, Toast  
 w/ Jelly, Pears, Milk  
 L: Fish Sticks, Waffle Fries,  
 Peaches, Milk  
 S: Cheese Sticks, Crackers, Water

**2**  
 B: Waffles, Apple Sauce,  
 Milk  
 L: Hamburgers, Diced Carrots,  
 Peaches, Milk  
 S: Sun Butter, Rice Cakes, Apple  
 Juice

**3**  
 B: Cinnamon Bread  
 (Fresh) Orange Slices, Milk  
 L: Papa John's Pepperoni Pizza,  
 Corn, Fruit Cocktail, Milk  
 S: Cheese Nips, Apple Juice

**4**  
 B: Multi-Grain Cheerios, (Fresh)  
 Bananas, Milk  
 L: Soft Beef Taco, Lettuce, Cheese,  
 Pinto Beans, Mandarin Oranges,  
 Milk  
 S: Apple Slices, Wheat Thins, Water

**7**  
 B: Egg, Sausage & Cheese Wrap,  
 Peaches, Milk  
 L: Spaghetti, Mixed Veggies,  
 Peaches, Milk  
 S: Graham Crackers, Milk

**8**  
 B: Scrambled Eggs, Toast,  
 w/Jelly, Pears, Milk  
 L: Chicken Nuggets, Mashed  
 Potatoes, Pineapple Chunks, Milk  
 S: Cheese Sticks, Crackers, Water

**9**  
 B: Waffles, Apple Sauce, Milk  
 L: Chili, Cheese, Cornbread, Pears,  
 Milk  
 S: Sun Butter, Rice Cakes,  
 Apple Juice

**10**  
 B: Cinnamon Bread  
 (Fresh) Orange Slices, Milk  
 L: Meatballs w/Gravy, Mashed  
 Potatoes, Wheat Bread, Mandarin  
 Oranges, Milk  
 S: Cheese Nips, Apple Juice

**11**  
 B: Multi-Grain Cheerios (Fresh)  
 Bananas, Milk  
 L: Hamburger Helper, Green Beans,  
 Fruit Cocktail, Milk  
 S: Apple Slices, Wheat Thins, Water

**14**  
 B: Egg, Sausage & Cheese Wrap,  
 Peaches, Milk  
 L: Steak Fingers, Mashed  
 Potatoes, Milk  
 S: Graham Crackers, Milk

**15**  
 B: Scrambled Eggs, Toast  
 w/ Jelly, Pears, Milk  
 L: Fish Sticks, Waffle Fries,  
 Peaches, Milk  
 S: Cheese Sticks, Crackers, Water

**16**  
 B: Waffles, Apple Sauce, Milk  
 L: Hamburgers, Diced Carrots,  
 Peaches, Milk  
 S: Sun Butter, Rice Cakes, Apple  
 Juice

**17**  
 B: Cinnamon Bread  
 (Fresh) Orange Slices, Milk  
 L: Papa John's Pepperoni Pizza,  
 Corn, Fruit Cocktail, Milk  
 S: Cheese Nips, Apple Juice

**18**  
 B: Multi-Grain Cheerios, (Fresh)  
 Bananas, Milk  
 L: Soft Beef Taco, Lettuce, Cheese,  
 Pinto Beans, Mandarin Oranges,  
 Milk  
 S: Apple Slices, Wheat Thins, Water

**21**  
 B: Egg, Sausage & Cheese Wrap,  
 Peaches, Milk  
 L: Spaghetti, Mixed Veggies,  
 Peaches, Milk  
 S: Graham Crackers, Milk

**22**  
 B: Scrambled Eggs, Toast,  
 w/Jelly, Pears, Milk  
 L: Chicken Nuggets, Mashed  
 Potatoes, Pineapple Chunks, Milk  
 S: Cheese Sticks, Crackers, Water

**23**  
 B: Waffles, Apple Sauce, Milk  
 L: Chili, Cheese, Cornbread, Pears,  
 Milk  
 S: Sun Butter, Rice Cakes,  
 Apple Juice

**24**  
 B: Cinnamon Bread  
 (Fresh) Orange Slices, Milk  
 L: Meatballs w/Gravy, Mashed  
 Potatoes, Wheat Bread, Mandarin  
 Oranges, Milk  
 S: Cheese Nips, Apple Juice

**25**  
 B: Multi-Grain Cheerios (Fresh)  
 Bananas, Milk  
 L: Hamburger Helper, Green Beans,  
 Fruit Cocktail, Milk  
 S: Apple Slices, Wheat Thins, Water

**28**  
 B: Egg, Sausage & Cheese Wrap,  
 Peaches, Milk  
 L: Steak Fingers, Mashed  
 Potatoes, Milk  
 S: Graham Crackers, Milk

**29**  
 B: Scrambled Eggs, Toast  
 w/ Jelly, Pears, Milk  
 L: Fish Sticks, Waffle Fries,  
 Peaches, Milk  
 S: Cheese Sticks, Crackers, Water

**30**  
 B: Waffles, Apple Sauce, Milk  
 L: Hamburgers, Diced Carrots,  
 Peaches, Milk  
 S: Sun Butter, Rice Cakes, Apple  
 Juice

**31**  
 B: Cinnamon Bread  
 (Fresh) Orange Slices, Milk  
 L: Papa John's Pepperoni Pizza,  
 Corn, Fruit Cocktail, Milk  
 S: Cheese Nips, Apple Juice

